



GLENWOOD 50+CENTER

AUGUST 2017

CALENDAR OF EVENTS

www.glenwoodseniorcenter.org

(410) 313-5440

	<p>1</p> <p>\$ Hatha Yoga 9 \$ Getle Yoga 10:15 Sit & Fit 11 Chinese Mahjong 1</p>	<p>2</p> <p>Basketball 9 Open Arts & Crafts 9 Bridge 12:45 \$ Prime Time 1</p>	<p>3</p> <p>\$ Hatha Yoga 9 \$ Gentle Yoga 10:15 \$ Sit & Fit 11 Pickle Ball 11 Line Dancing 12:45 Line Dancing 1:45</p>	<p>4</p> <p>Basketball 9 \$ Yoga 1/2 9 Pinochle 10 \$ Acupuncture Senorita Sunshine 12</p>
<p>7</p> <p>\$ Energize HIT 8:20 Physical Therapy Pinochle 10 Bridge 12:45 \$ Prime Time 1 \$ Yoga & Pilates 3</p>	<p>8</p> <p>\$ Hatha Yoga 9 Blood Pressure 9 SHIP Counseling 9 New Member Coffee 9 TED Talk 9:30 \$ Getle Yoga 10:15 Sit & Fit 11 Chinese Mahjong 1</p>	<p>9</p> <p>\$ Energize HIT 8:20 Open Arts & Crafts 9 Great Courses 11 Bridge 12:45 \$ Prime Time 1</p>	<p>10</p> <p>\$ Hatha Yoga 9 \$ Gentle Yoga 10:15 \$ Sit & Fit 11 Line Dancing 12:45 Line Dancing 1:45</p>	<p>11</p> <p>\$ Yoga 1/2 9 Pinochle 10 Baltimore, Good Ole Days 11 \$ Acupuncture \$Crab Feast/Music 12 Movie : Zoo Keepers Wife 1</p>
<p>14</p> <p>\$ Energize HIT 8:20 \$Physical Therapy Pinochle 10 History of Broadway 11 Bridge 12:45 \$ Prime Time 1 \$ Yoga & Pilates 3</p>	<p>15</p> <p>\$ Hatha Yoga 9 \$ Gentle Yoga 10:15 \$ Sit & Fit 11 Chinese Mahjong 1 \$Cooking Demo 1:30</p>	<p>16</p> <p>\$ Energize HIT 8:20 Open Arts & Crafts 9 Nutrition Counseling 9:30 Waffle Bar 9 Civil War Series 10 Bridge 12:45 \$ Prime Time 1</p>	<p>17</p> <p>\$ Hatha Yoga 9 \$ Reflexology 9 \$ Gentle Yoga 10:15 \$ Sit & Fit 11 Line Dancing 12:45 Line Dancing 1:45</p>	<p>18</p> <p>\$ Yoga 1/2 9 Pinochle 10 Drumming 11 \$ Acupuncture</p>
<p>21</p> <p>\$ Energize HIT 8:20 Basketball 9 \$Physical Therapy Pinochle 10 Bridge 12:45 \$ Prime Time 1 \$ Yoga & Pilates 3</p>	<p>22</p> <p>\$ Hatha Yoga 9 Blood Pressure 9 \$ Gentle Yoga 10:15 \$ Sit & Fit 11 Pickle Ball 11 Chinese Mahjong 1</p>	<p>23</p> <p>\$ Energize HIT 8:20 Basketball 9 Open Arts & Crafts 9 Bridge 12:45 \$ Prime Time 1</p>	<p>24</p> <p>\$ Hatha Yoga 9 \$ Gentle Yoga 10:15 \$ Sit & Fit 11 Pickle Ball 11 Line Dancing 12:45 Book Club 1 Line Dancing 1:45</p>	<p>25</p> <p>Basketball 9 \$ Yoga 1/2 9 Pinochle 10 \$ Acupuncture Movie: Going in Style 1</p>
<p>28</p> <p>\$ Energize HIT 8:20 Basketball 9 \$Physical Therapy Pinochle 10 Bridge 12:45 \$ Prime Time 1 \$ Yoga & Pilates 3</p>	<p>29</p> <p>\$ Hatha Yoga 9 \$ Gentle Yoga 10:15 \$ Sit & Fit 11 Pickle Ball 11 Chinese Mahjong 1</p>	<p>30</p> <p>\$War Paint Trip to NY \$ Energize HIT 8:20 Basketball 9 Open Arts & Crafts 9 Bridge 12:45 \$ Prime Time 1</p>	<p>31</p> <p>\$ Hatha Yoga 9 \$ Gentle Yoga 10:15 \$ Sit & Fit 11 Pickle Ball 11 Line Dancing 12:45 Line Dancing 1:45</p>	

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